



LATVIAN BODYBUILDING, FITNESS AND BODYFITNESS FEDERATION

Invite to participate in
**IFBB INTERNATIONAL LATVIAN CUP
“RIGA PEARL 2022”**

**RIGA, LATVIA
September 11th, 2022**



WELCOME

The Latvian Bodybuilding, fitness and bodyfitness federation extend a warm welcome to all National Federations to participate in IFBB International Latvian Cup “Riga Pearl 2022”.

DATE AND TIME

11th of September 2022 (Sunday).

Official Athlete Registration: 11:00 – 12:30.

Competition: 14:00.

Venue Site: ATTA CENTRE (Krasta Street 60, Riga).

ABOUT RIGA

Riga, the capital of Latvia, was officially founded in 1201. Riga is located along the Baltic Sea. The historical core of Riga is situated on the right bank of the Daugava River. Due to its geographical location on the Baltic Sea (where East and West meets), Riga has been an important center of trade, finance and culture for centuries. Representatives of many nations have lived and worked in Riga – apart from local Livs and Latvians, Germans, Swedes, Russians and Poles also considered Riga to be their city.



VISAS

A valid passport is required to entry into Latvia. Please consult the Latvian Embassy in your country to determine if you need a visa. The Organizing Committee of the Latvian Bodybuilding, fitness and bodyfitness federation will help to arrange the visas for all the athletes and officials.

VENUE SITE

ATTA CENTRE (Krasta Street 60, Riga)

<https://www.attacentre.com/en/>

Located in the heart of the capital of Latvia, ATTA CENTRE is one of the largest venues in the Baltics for different events and conferences, and offers the best technological solutions for holding the most successful events.



IMPORTANT INFORMATION

The athletes themselves cover the costs for travelling and accommodation.

REGISTRATION

Official Athlete Registration will take place on Sunday, September 11th from 11:00 till 12:30 at the Venue Site ATTA CENTRE. Registration of athletes will only be considered if they are entered by the National Federation by sending the Final Entry Form directly to the Organizing Committee. Competitors must provide their PASSPORT/ID and MUSIC (in particular categories) during the registration. Each athlete will be provided with a wristband at the Registration. This identification will allow daily admission and should not be removed.

IMPORTANT NOTICE:

Please be aware that it is full responsibility and obligation of the National Federation to verify if each one of the athletes to be registered on this event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national/international level. All the athletes will be required to sign Doping Liability Form during the Registration.

REGISTRATION FEE

Registration fee for athletes to enter the competition is EUR 60.

COMPETITOR ENTRY FORM

This form must be completed by each competitor BEFORE the weigh-in/height measurement. This information is used to promote the competitor during the competition on the stage, in the press and other media.

CATEGORIES OPEN FOR COMPETITIONS

The competition is held according to the rules of the IFBB and will include the categories:

1. **Juniors Women's Bikini:** Open
2. **Juniors Women's Fit Model:** Open
3. **Beginners Women's Bikini:** Open
4. **Beginners Women's Fit Model:** Open
5. **Women's Fit Model:** -166cm
6. **Women's Fit Model:** +166cm
7. **Masters Women's Fit Model:** Open
8. **Women's Bikini:** up to 162cm
9. **Women's Bikini:** up to 166cm
10. **Women's Bikini:** up to 169cm
11. **Women's Bikini:** up to 172cm
12. **Women's Bikini:** over 172cm
13. **Masters Women's Bikini:** Open
14. **Women's Bodyfitness:** Open
15. **Women's Wellness:** Open
16. **Men's Classic Bodybuilding:** Open
17. **Men's Physique:** Open

If less than 5 athletes, categories will be combined (refers to categories: bikini and fit model).

AWARDS

Trophies will be presented for the six finalists. Medals will be presented for top three winners. Certificates will be presented for all the athletes.

JUDGES

All IFBB International Amateur Judges must be in possession of a valid Judging Card.

FINAL ENTRY FORMS

Please confirm your participation until **August 28th, 2022** to e-mail secretariat@ifbb.lv by filling **Competitor Entry Form**. National Federations must submit the actual names of all Official Participants (athletes by category and judges) in the **Final Entry Form**.